

# HOW TO WRITE A BOOK *GET IT DOWN, THEN, GET IT RIGHT!!!*

## STEP 1

### **Write 15 chapter titles ( Major topics)**

Write down 15 topics in any order

Chapter 1:

Chapter 2:

Chapter 3:

Chapter 4:

Chapter 5:

Chapter 6:

Chapter 7:

Chapter 8:

Chapter 9:

Chapter 10:

Chapter 11:

Chapter 12:

Chapter 13:

Chapter 14:

Chapter 15:

## STEP 2

### **Cut the 15 down to 10 and put in sequence**

Having crossed off 5 topics now put the remaining 10 in sequence

Chapter 1:

Chapter 2:

Chapter 3:

Chapter 4:

Chapter 5:

Chapter 6:

Chapter 7:

Chapter 8:

Chapter 9:

Chapter 10:

## STEP 3

### **For each chapter add 18 ingredients (If you are creating a smaller book you can do less)**

Now write 18 items you will talk about in each chapter. Think of these 18 item as subtopics for this chapter

Ingredient 1:

Ingredient 2:

Ingredient 3:

Ingredient 4:

Ingredient 5:

Ingredient 6:

Ingredient 7:

Ingredient 8:

Ingredient 9:

Ingredient 10:

Ingredient 11:

Ingredient 12:

Ingredient 13:

Ingredient 14:

Ingredient 15:

Ingredient 16:

Ingredient 17:

Ingredient 18:

#### STEP 4

**Cut the 18 ingredients down to 15 and put them in logical sequence.**

Ingredient 1:  
Ingredient 2:  
Ingredient 3:  
Ingredient 4:  
Ingredient 5:  
Ingredient 6:  
Ingredient 7:

Ingredient 8:  
Ingredient 9:  
Ingredient 10:  
Ingredient 11:  
Ingredient 12:  
Ingredient 13:  
Ingredient 14:  
Ingredient 15:

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#### STEP 5

**Turn each ingredient into a significant statement.**

Take each ingredient and ask yourself, *"What is significant about this ingredient?"*

Make a very brief statement about each ingredient.

Significant Statements

- 1.
  - 2.
  - 3.
  - 4.
  - 5.
  - 6.
  - 7.
  - 8.
  - 9.
  - 10.
  - 11.
  - 12.
  - 13.
  - 14.
  - 15.
- 

#### STEP 6

**Turn each significant statement into a question.**

Ask, *"Why?"* Or *"How?"* or *"What is the best way to..."* any question that will elicit some answer for you is great. Remember the theme here?

- 1.

- 2.
  - 3.
  - 4.
  - 5.
  - 6.
  - 7.
  - 8.
  - 9.
  - 10.
  - 11.
  - 12.
  - 13.
  - 14.
  - 15.
- 

#### STEP 7

#### **Come up with 3 answers for each question**

For each question, write 3 answers. Don't over think this, just write whatever comes up. Your book will actually be answered by answering these questions.

Make a very brief statement about each ingredient.

You will write for 5 minutes for each answer word.

#### **Q1.**

- 1.1.
- 1.2.
- 1.3.

#### **Q2.**

- 2.1.
- 2.2.
- 3.3.

#### **Q3.**

- 3.1.
- 3.2.
- 3.3

*And so on and so on..... Until 15.*